

WELLMORE

BEHAVIORAL HEALTH



©Jake Koteen Photography

2019
SPRING/SUMMER NEWSLETTER

UPDATES



Thank you to Ion Bank for the use of their former insurance office located at 24 Cherry Street as our temporary Naugatuck office after we lost our original office on Meadow Street.



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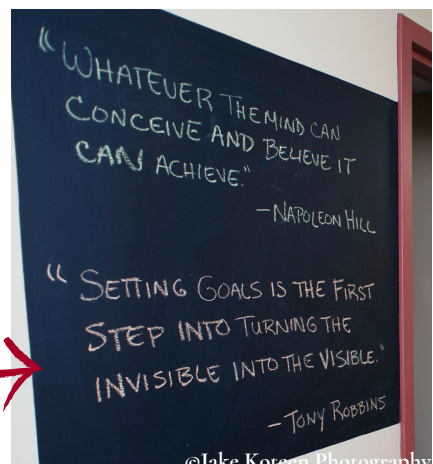
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Thanks to the support of organizations such as DMHAS, Yale University and SAMHSA, Wellmore is pleased to offer Primary Integrated Care services.



©Jake Koteen Photography

The purpose of primary integrated healthcare is to provide a centralized supportive environment in which a holistic approach to healing can occur.



©Jake Koteen Photography

WHAT'S NEW WITH WELLMORE?



ANNUAL REPORT

Our Annual Report is off the presses and on their way to you! If you would prefer to view it digitally you can download the Annual report for fiscal year 2018: [HERE](#)

BROCHURE REDESIGN

Thanks to a partnership with Connecticut Community Foundation and Catchafire we were able to give our agency brochure a much needed update. The new brochure is available here in both: [English & Spanish](#)



DANBURY OFFICE

Our Danbury office has moved to 41 Kenosia Avenue in Danbury, CT. The new location has been well received by the 18 staff who are based out of this office. Now home to EMPS, IICAPS, CSF, CC, ECCP, IPV and Parents as Teachers.



ADVOCACY

The Legislative session included many issues that will effect the Wellmore family as well as those entrusted to our care. There were multiple misguided efforts to balance the state budget on the back of the poor by taxing non-profit charities. Thankfully all failed. It is highly likely this threat will be considered again in the coming year.

An increase in the minimum wage as well as paid family medical leave both passed. Wellmore staff will begin paying a mandatory 0.5% payroll tax in 2020 for the paid medical leave fund.

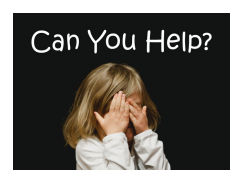
On the plus side, there were no systemic cuts in the budget for community providers, a first in many years and strengthened enforcement of behavioral health parity for people with commercial health insurance passed. Unfortunately, despite large wage increases for government employees in the state budget, there was again no cost of living increase to the contracts of community non-profit providers.

MARKETING

- *Happy to help the Main Street Waterbury continue to revitalize our historic downtown.*
- *Launched monthly postcards to inform the community of specific causes and issues.*



MAY IS
MENTAL
HEALTH
MONTH
2019
#4MIND4BODY



PIC

In August of 2018, Wellmore was awarded at 5 year, 5 million dollar grant designed to provide integrated behavioral health and primary care services to the residents of Greater Waterbury. This grant is designed to address the physical health issues that arise in conjunction with substance use. Services started in January 2019.



On June 2nd, our Children's Outpatient Office located at 150 Meadow Street was completely destroyed by a fire. The cause of the fire is under investigation. Thankfully no one was injured, a true blessing! Client services have moved to our temporary location at 24 Cherry Street in Naugatuck, CT.

You can Donate using the following [LINK](#) or through the QR code provided!



COMMUNITY & DEVELOPMENT

Great day supporting the Naugatuck Chamber. 3rd place in the sponsors duck race isn't too bad either



Wellmore is proud to continue our collaboration with Madre Latina Inc. Our staff had a great time at their awards gala!



The Woman's Choice Charitable Association donates diapers, formula and clothing several times a year to support the woman and children in our shelter.



COMMUNITY & DEVELOPMENT

An overview of our Community Involvement and Charitable Activity.



EMBLEM CLUB

The Emblem Club of Naugatuck is a perfect example of how the Naugatuck Community strives to improve the quality of life for all its residents. The Emblem Club made a very generous donation which helped support the hygiene needs of our Residential Programs!

FESTIVAL OF LIGHTS

Chase Collegiate graciously allows us to use their beautiful school for our yearly Festival of Lights where we raised \$30,000 this past December! We are excited to see what ideas incoming Co-Chairs Maureen Pennington and Heather Laberinto (Webster Bank) brings to the Festival. We look forward to seeing you this year on December 5th!



GIVE LOCAL

Every year the Connecticut Community Foundation hosts their Give Local Fundraiser for the Greater Waterbury and Litchfield Hills Regions. Wellmore raised an impressive \$ 16,344.92! With 346 Donors Wellmore wins the #1 spot for Most Donors for the 7th year in a row!



UPCOMING I.O.A.D.

Join us on August 24th at Waterbury PAL (64 Division Street, Waterbury, CT 06702) between 10 am - 2 pm for a day of honoring loved ones, supporting survivors and recognizing those in recovery.

Founded in 2001, International Overdose Awareness Day aims to raise awareness of overdose and reduce the stigma of a drug-related death.

It is also an opportunity to stimulate discussion about evidence-based overdose prevention and drug policy. International Overdose Awareness Day spreads the message about the tragedy of drug overdose death and that drug overdose is preventable.

PRESENTATIONS

To Request a Presentation about our Services and how they can benefit your family you can reach out to Wellmore at:

Phone: Jackie Post at (203) 574-9000 x1109

- OR -

Online: [Here](#)



PROSPECT LIBRARY

The Prospect Library made a donation of books to help enrich the lives of our clients wherever Wellmore serves them. The local community never ceases to amaze us with their generosity and compassion.

THE 2019

Links Fore Hope

GOLF TOURNAMENT

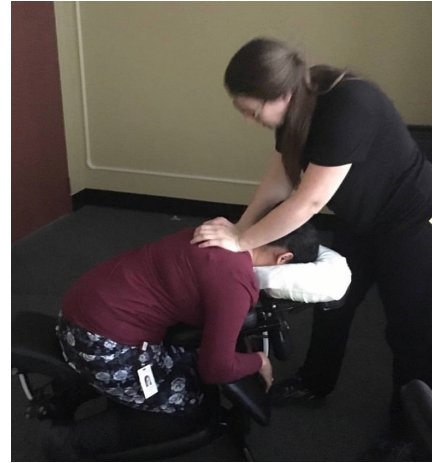
Raised \$55,000

Thank you to
our sponsors
and players
for another
great year!



STAFF APPRECIATION

The Big Green Pizza Truck stopped by for a visit in June and served our staff a variety of pizza and gelato for a staff luncheon.



Wellmore strives to help not just our clients, but our staff with achieving lifetime wellness.

We host a huge variety of vendors at our All Staff event as part of a health fair and staff can participate in a raffle.



Talk about longevity?!

The Staff pictured are moving on to the next step in their professional lives.

Together they have collectively worked at Wellmore for 42 Years!



STAFF APPRECIATION

We are blessed with a hardworking and dedicated staff

Upcoming Events



ALL STAFF EVENT

Get Excited Wellmore because its almost time for the yearly All Staff Event! Join us at La Bella Vista in Waterbury on September 11th as Wellmore Goes Hollywood! Prizes to be awarded to best dressed Male and Female!

BRAVO AWARD

The All Staff Event will be the debut for our new BRAVO (Being-Reliable-and-Adding-Value-to the Organization) Award!

Only two Staff will be winning this award every year so submit your nominations NOW!

More info and forms available on the Intranet.



CHAIR MASSAGES

On March 12 & 13 we had chair massages available to our Staff! This event was one of our most popular staff events with over 70 participants from every corner of Wellmore.



ICE CREAM TRUCK

Taking place on probably the hottest day of 2019 to date, our staff could beat the heat with the Annual Ice Cream Truck event.

It was so hot many of our staff had to go back inside almost immediately before their ice cream melted. We all enjoyed friendly conversation and good company. We made sure that everyone got a chance to pick out a sweet treat!

LUNCH & LAUGH

We went a different direction and went with SeaTea Improv for our Lunch and Laugh event. This event was so well received some members of our staff participated in some of the various skits!



WELLMORE BUCK\$

This Summer 70 lucky Staff were chosen at random to win \$ 50 in Wellmore Bucks which they used to purchase items from Wellmore's online store!

Items included tote bags, cups, laptop bags, jackets and more!

WELLMORE

BEHAVIORAL HEALTH

PROMOTIONS

WE ARE PROUD OF OUR COLLEAGUES WHO
EARNED RECENT PROMOTIONS!



Arriel Fontanez - from IICAPS Clinician to IICAPS Team Leader

Hilda Arbona - from Billing Specialist to Administrative Manager



Jacqueline Hofler - from (Nurturing Family Network) home visitor in Waterbury to Lead Parent Educator for the expansion of PAT (Parents As Teachers) in Danbury

Jocelyn Jones - from Intern to Clinician at Adult Outpatient

Kenny Ortiz - from Drug and Alcohol Recovery Counseling Intern to a Case Manager at Therapeutic Shelter

Michelle D'Amico - from IICAPS Clinician, to Program Manager for Fatherhood Engagement Services & IICAPS Training Clinician



Contact Page

Corporate Offices

141 East Main Street, 4th floor
Waterbury, CT 06702
Phone: 203-574-9000
Fax: 203-574-9006

Child & Adolescent Services

Walk In Appointments Available:
Monday, Tuesday, Thursday, and Friday
10:00 am - 1:00 pm

Waterbury – Clinical Services

141 East Main Street, 2nd floor
Waterbury, CT 06702
Phone: 203-756-7287
Fax: 203-596-0722

Home-Based Services

141 East Main Street, 3rd floor
Waterbury, CT 06702
Phone: 203-575-0466
Fax: 203-575-1817

1-855-WELLMOR (935-5667)
www.wellmore.org

Naugatuck – Clinical Services

24 Cherry Street (Temporary Location)
Naugatuck, CT 06770
Phone: 203-723-9599
Fax: 203-723-9890

Torrington – Clinical Services

30 Peck Road, Building 2, Suite 2203
Torrington, CT 06790
Phone: 860-626-7007
Fax: 860-626-7014

Danbury – Clinical Services

72 West Street
Danbury, CT 06810
Phone: 203-797-9778
Fax: 203-797-9858

Adult Services

Walk In Appointments Available:
Monday-Friday
12:00 pm - 3:00 pm

Waterbury – Outpatient Services

402 East Main Street
Waterbury, CT 06702
Phone: 203-755-1143
FAX: 203-753-3274

