## **Fatherhood Engagement Services**

# Are you a father involved with or being supported by DCF? You could be eligible for FES support!

Fatherhood Engagement Services (FES) provides intensive outreach, case management services and 24/7 Dad© group programming to fathers involved with DCF.

### What does FES do for you?

- -Enhance the level of your involvement in your DCF Case Planning.
- -Increase your positive parenting skills through the services you or your family are involved with.
- -Case Management services to increase your engagement in figuring out your needs to assist you with advocacy.
- -Linkage to supports and services.
- -Learn skills and characteristics to strengthen your relationship with your children.

#### **How Does FES work?**

Wellmore's Specialists maintain a flexible schedule, including evening and weekend hours to accommodate your needs & schedule and are available for support when you need it. We work in close collaboration with you as well as your DCF case worker to review your goals and increase your success in reconnecting to your children and be the best Dad possible.



Our Specialist will help develop a Case Management Plan that address the needs & challenges you experience. FES uses assessment tools to help identify areas of your life where you could use assistance or support. The plan may also be shared with DCF, working to assist them in accessing additional resources as well as document your progress.

#### What is Required?

- -Meet with an FES Specialist at least twice a week for a home visit and a 24/7 Dad© group meeting.
- -24/7 Dad© curriculum is twelve, 2 hour sessions and focuses on teaching the program to fathers participating in the group at a time, with rolling open enrollment.
- -Individual sessions focus on helping identify your needs & challenges and then assisting you with those directly, or connecting you with additional community resources that can help.

#### How does FES work with DCF?

Your FES Specialist and DCF social worker will collaborate to best assist you in meeting your goals that you have set for yourself as well as the areas in which DCF might want you to improve. Your specialist can also accompany you to DCF meetings as well as court proceedings if agreed upon.

#### Who is Eligible for FES?

Fathers who are involved with the DCF, live within DCF Region 5, and may be eligible to have contact with their children according to their DCF case plan. How can I be referred to FES?

Your DCF social worker is able to make a referral to Wellmore's FES program. For more information or to make a referral, please contact:



Michelle D'Amico, MFT

Fatherhood Engagement Services/ Parent Support Services Program Manager.

Phone: 203-575-0466

email: mdamico@wellmore.org

For more information on other Wellmore services, visit www.wellmore.org or call 1-888-WELLMORE.

All services available in Spanish.