

In the beginning, Families tell us:

- “No one understands”
- “I’ve tried everything”
- “Nothing works”
- “Nobody cares”
- “I’m tired”
- “No one listens”

After our Help, Families have told us:

- “We felt listened to, understood, respected, and supported.”
- “Meetings helped everyone work together to get on the same page.”
- “Having a Plan helped us stay on track.”
- “The Team saved my child from falling through the cracks.”
- “The Team was knowledgeable and dedicated to giving us reliable resources for the help we needed.”
- “Emphasizing strengths, not just problems and celebrating successes!”
- “I can now tell when a crisis is coming and have learned steps to prevent it.”
- “I feel much better about the future and our ability to handle the challenges ahead.”
- “Took time and effort, but worth it.”



Wellmore

Care Coordination

serves the entire Northwestern Region of Connecticut, with offices in Danbury, Torrington, and Waterbury – assisting families in the following towns:

Barkhamsted, Beacon Falls, Bethel, Bethlehem, Bridgewater, Brookfield, Canaan, Cheshire, Colebrook, Cornwall, Danbury, Goshen, Hartland, Harwinton, Kent, Litchfield, Middlebury, Morris, Naugatuck, New Fairfield, New Hartford, New Milford, Newtown, Norfolk, Oxford, Prospect, Redding, Ridgefield, Roxbury, Salisbury, Sharon, Sherman, Southbury, Thomaston, Torrington, Warren, Washington, Waterbury, Watertown.

For more information or to make a referral contact:

Team Leader, Care Coordination

Wellmore Behavioral Health

402 E. Main Street, Waterbury, CT, 06702

phone: 203-755-1143 or

855-WELL-MOR (935-5667)

fax: 203-755-1455

Funding for Care Coordination is provided by a Connecticut Department of Children and Families grant and there are no fees charged for services.

CARE COORDINATION

A family focused program that uses the Wraparound team model to provide families with *Help, Healing, and Hope* for a better future.



*Working together
with Families
to help improve
their quality of life.*

Hello!

- You are here because someone you love and care about needs help
- We are here to help
- We believe there are no bad kids or families
- We will take the time to figure it out together
- If something is not working, we are willing to help you try something different
- Your family will be involved with Care Coordination for about 6 months.

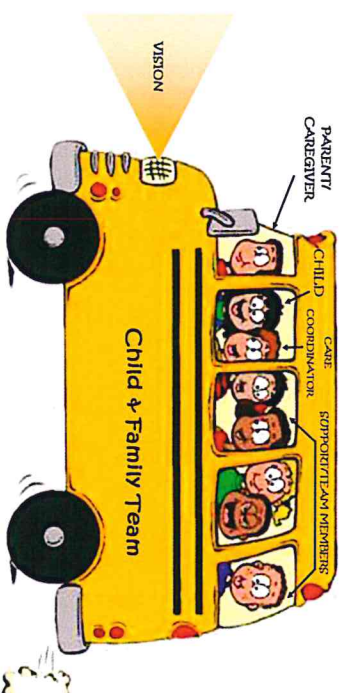
Families who benefit most:

- Feel tired, stressed, overwhelmed
- See a need for change
- Want help to make life better
- Feel stuck and are searching for new Community Supports
- Want their voice heard
- Are curious and open to working with a supportive community Team

Who Do We Serve?

Care Coordination is available to your family if you have a child or adolescent under age 18 who:

- Has complex behavioral health needs
- Is involved with, or needs, multiple agencies, services, and supports
- Needs help coordinating those multiple services and supports.



What makes Care Coordination different?

- We take the time to get to know you
- We “think outside of the box” and can be flexible to create ideas that work
- We focus on your strengths and successes
- We respect your wisdom and experience
- We partner with you and your supports to form a working team
- We help you to become your own advocate for your family
- We guide you without telling you what to do

A Care Coordinator, who is a trained Wraparound Facilitator, will help you:

- Recognize your Family’s Strengths: talents, skills, and hobbies
- Identify your Family’s unmet Needs
- Create an Individualized Crisis/Safety Plan
- Bring providers and supports to one table to better communicate and “get on the same page”
- Build your Team of family, friends and providers to brainstorm ideas and provide a safety net of support
- Develop your Family’s personalized Plan of Care with Strategies to meet your Needs
- Identify resources and tools to help your family manage difficult situations
- Feel more in control, capable and hopeful about your future

How will you know you are receiving quality support and care?

You will be able to track your family’s progress toward meeting your needs with your Plan of Care and the strategies developed by you and your team.